

# ESSENCE VALE

## SPA MENU





# ***SIGNATURE THERAPY***

- ***RELEASE***

## ***Truly Lavender***

***90 MIN***

**\$170**

Embark on a journey as you go through a total elipse of the body. A body scrub with lavender to cleanse followed by a healing scalp treatment returns you to the reviving path. Complete the journey with a shower and lavender body moisturizing massage.

Includes:

- Body scrub with lavender
- Healing scalp treatment
- Lavender moisturizing massage

## ***Touch of Heaven***

***120 MIN***

**\$255**

A touch of heaven provides the ultimate escape and sets you on the freeway to paradise. Based on Ayurvedic traditions, the treatment starts with a warm Abhyanga massage. Next up, the Shirodhara, where warm oil flows down your forehead creating a beautiful sensation. End off this heavenly escape with a scalp massage and Abhyanga face massage.

Includes:

- Abhyanga massage
- Shirodhara
- Scalp massage
- Face Abhyanga

All prices are subjected to prevailing government taxes including GST



# ***SIGNATURE THERAPY***

**- *REINVIGORATE***

## ***Endless Love***

***180 MIN***

A retreat for the love birds to proclaim your passion for each other. Start off with a romantic floral bath and an enchanting scrub down. Followed by a massage and facial designed for the King and Queen..

***\$320/pax  
\$580/  
couple***

**Includes:**

- Therapy Bath
- Body scrub
- Body Massage
- Facial

## ***Pamper Me***

***150 MIN***

Be spoiled like a child as your body enters a total transformation. Argan oil based products, the perfect anti-aging solution, are used with a Black Soap scrub and Rhassoul body wrap. Followed by a Lucas face care that leaves a tingling and cool sensation. End the session with a body moisturiser massage application.

***\$320***

**Includes:**

- Black soap scrub
- Rhassoul Mask
- Lucas face care
- Argan oil massage

All prices are subjected to prevailing government taxes including GST



# ***SIGNATURE THERAPY***

- ***REVIVE***

## ***Ready Set Gold***

***105 MIN***

**\$195**

Warm up with this energising ritual where all the massaging and stretching using 'liquid gold' returns to your body all the energy it needs. A Lucas face care and scalp massage will finally put you back on track for the race ahead.

Includes:

- Argan oil massage
- Mini facial
- Scalp massage

## ***Signature Caviar Facial***

***90 MIN***

**\$350**

Indulge in our luxurious Caviar facial with Ultrasound, where the finest caviar extract meets cutting-edge technology. This revolutionary treatment harnesses the power of ultrasound waves to gently exfoliate, and the high frequency ultrasound waves will be applied to stimulate collagen production, skin plumping and firming your skin.



# ***RESULTS FACIAL***

## ***Lift & Tone Facial***

***90 MIN***

**\$280**

A solution-focused facial treatment for premature, dryness, fine lines and wrinkles, hyperpigmentation or congested skin appearance. This treatment features a multi-acid exfoliation of the face, neck and décolleté, along with the advanced technology of Impulse Microcurrent and collagen mask Infusion to provide desired results.

## ***Advance Cell Repair***

***90 MIN***

**\$210**

This result oriented treatment is customized to address specific skin conditions. From hyper pigmentation, sensitivity, oily skin and premature aging, this personalized facial helps treat and correct skin concern.



# ***RESULTS FACIAL***

## ***Soothing Collagen Facial***

***90 MIN***

Recapture vibrant, youthful looking skin with this facial. Nourish and renew stressed skin while reversing the visible signs of dullness with a series of combination massage on the eyes & face lifting. A moisture-lavishing masque deeply hydrates the skin.

**\$180**

## ***Balancing Facial***

***60 MIN***

A deep hydrating treatment customised for all skin types. Includes an exfoliating peel to renew the skin, a deep-cleansing massage to promote circulation and a masque to balance and nourish the skin.

**\$115**



# ***RESULTS FACIAL***

## ***Gua Sha Facial***

***90 MIN***

**\$160**

Rejuvenate the skin with an Ancient Art of Gua Sha combined with protein dense Caviar for a visibly firm, contoured and glowing complexion. Expert massage techniques with specialized Jade tools stimulate lymphatic drainage, release toxins, improve circulation and enhance natural hydration while botanical essences nourish, replenish and fortify skin. Tension is released, puffiness is reduced, and clarity is enhanced, leaving the face, neck and décolleté visibly smoother, tighter and more radiant.

## ***Refresh Facial***

***30 MIN***

**\$65**

A quick mini facial for you who is always on the go. A moor mud mask and exfoliation in one clears away impurity to reveal a fresh, bright complexion. Round up the express treat with a relaxing face massage.



## ***ADD ONS - FACIAL***



<b>Marine Bio Matrix Sheet</b>	<b>\$100</b>
<b>K-Express</b>	<b>\$90</b>
<b>Chitosan Mask</b>	<b>\$80</b>
<b>Brightening Luminous Mask</b>	<b>\$80</b>
<b>Intensive Repair Ampoules</b>	<b>\$80</b>
<b>3D Lift</b>	<b>\$80</b>
<b>3D Peel</b>	<b>\$80</b>
<b>Eye Rescue Pad</b>	<b>\$60</b>
<b>Collagen Mask</b>	<b>\$50</b>
<b>Pure Vitamin C Ampoules</b>	<b>\$50</b>
<b>Co-Enzyme Q10</b>	<b>\$50</b>

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# RESULTS BODY

## ***Abhyanga Massage***

***90 MIN (light-medium pressure)***

**\$230**

Profound relaxation - using Abhyanga, or literally, "oil massage." This rhythmic and deeply relaxing massage rejuvenates by clearing stagnant energy using warm oils and varying amounts of pressure. As your nerves are soothed, you drift into a deep state of bliss.

## ***Aromatherapy Massage***

***60/90 MIN (light-medium pressure)***

**\$135/**

**\$180**

This therapeutic massage maximizes the healing properties of essential plant oils and herbs, and is designed to promote relaxation and overall well-being.

## ***Yuan Qi Massage***

***90 MIN (deep pressure)***

**\$220**

Embark on a transformative journey with our expertly crafted experience, harmoniously blending ancient wisdom of meridian acupressure points to balance and align your energy. Deep tissue muscle work to release tension and free your muscles from stress and strain.



# ***RESULTS BODY***

## ***Lymphatic Massage***

**90 MIN** *(light pressure)*

**\$180**

This gentle full body massage helps to detox the body by encouraging the drainage of the lymph nodes, resulting in numerous health benefits.

## ***Customized Massage***

**30/60 MIN**

**\$80/**

**\$140**

Create your very own massage treatment from a choice of express massage techniques to target your problem. Choice of : back massage; half leg massage; full leg massage; full arm massage, shoulder, neck & scalp massage; face massage.



# ***BODY ENHANCEMENT***

## ***Bath***

***20 MIN***

At your choice Soaking in hot water increases our ability to release muscle tension and to relax. Improved blood circulation and detoxification are several benefits you can receive. Studies reveal that hot water immersion can significantly enhance the balance between our relaxation and stress components of the nervous system.

***\$40 as  
add-on***

## ***Body Scrub***

***45 MIN***

Our crafted body scrubs incorporate natural ingredients and essential oils to gently exfoliate and moisturize your skin, leaving you feeling soft, smooth, and rejuvenated. Choose from our range of options to find the perfect fit for your skin type and preferences.

***\$85 as  
add-on***

- Crystal Shell Powder Scrub - Regenerate
- Mineral Lava Scrub - Purify
- Lychee Scrub - Moisture



# ***BODY ENHANCEMENT***

## ***Body Wrap***

***45 MIN***

***\$105 as  
add-on***

Choose from our selection of luxurious body wraps, each infused with natural ingredients and essential mineral to provide a unique benefit. From detoxifying and hydrating to firming and brightening, our body wraps will leave your skin feeling soft, supple, and revitalized.

- Algae & Marine Wrap - Mineralise
- Volcanic Earth - Detox
- Cotton Foam - Moisture