

Essence Vale

Hair . Nail . Beauty

We ride the wave of trend, style and innovation, offering the latest cutting-edge technique and senses of traditional service.

HAIR

Style

Shampoo with relaxing head and neck massage followed by new style designed for the new you.

St.1 Simply style	1hour	RM 60 onwards
St.2 Moderate Set	1hour 15mins	RM 110 onwards
St.3 Sparkling Design	2hours	RM 170 onwards

Shear

Tell us your preferred look, our stylist will then define, shape and cut to create your new look.

Sh.1 Ladies Style	1hour 30mins	RM 110 onwards
Sh.2 Gentlemen Style	1hour	RM 90 onwards
Sh.3 Beard Trimming	30mins	RM 50 onward
Sh.4 Moustache Trimming	15mins	RM 20 onward
Sh.5 Eye-brow Shaping	15mins	RM 30 onward

Luminous

Create exciting hair highlight or color. We will listen and match the most lasting and luxurious look for you.

Lu.1 Highlight	1-3hours	RM 350 onwards
Lu.2 Color	1-3hours	RM 250 onwards

Texture

A powerful combination of anti-oxidants, essential fatty acids and botanical moisturizers to protect and prevent hair from damaging environmental elements.

Te.1 Hydrates	1-1hour 30mins	RM180 onwards
Te.2 Intense Repair	1-1hour 30mins	RM260 onwards

Root

Customized remedial work to promote a healthy scalp condition for stronger and healthier hair.

Ro.1	Detox	1hour	RM230
Ro.2	Dandruff	1hour	RM230
Ro.3	Activate	1hour	RM230
Ro.4	Conditioning	1hour	RM230

Waves

Tell us your preferred look, our stylist will define, design and architect a perm with waves to transform your look.

Wa.1	Gentle Waves	1-2hours	RM 240 onwards
Wa.2	Moderate Waves	1-2hours	RM 340 onwards
Wa.3	Strong Waves	1-2hours	RM 440 onwards

Relaxers

Depending on your preference, a tight or kinky curl is treated for a softer look or completely straighten to achieve a silky effect.

Re.1	Rebonding	3-5hours	RM 600 onwards
------	------------------	----------	----------------

Extra

Ex.1	Braiding	per braid	RM 5
Ex.2	Full Head Braiding		RM 280

NAIL

Mani-kur

Classic Mani

Let your hands and fingers shine with the expert care from our nail technicians.

CLM. 1	Simple Color (1hour onwards)	RM 88
CLM. 2	French Technique (1hour onwards)	RM 148

Island Style Mani With your Classic Manicure, enjoy the most natural hand scrub of island recipes to enhance the effects, choice of:

- Chamomile (soothing)
- Eucalyptus (stimulating)
- Rosemary (energizing)
- Gotu Kola & Walnut (nourishing)
- Neem & Dateseed (healing)

ISM. 1 **Simple Color** RM 148
(1hour onwards)

ISM. 2 **French Technique** RM 208
(1hour onwards)

Chic Mani An elegant manicure with a scrub and mask for extra protection to the skin. Reduce lines and blemishes.

CHM. 1 **Simple Color** RM 208
(2hours)

CHM. 2 **French Technique** RM 268
(2hours)

Pedi-kur

Classic Pedi Let your feet and toes take the pleasure in blissful indulgence.

CLP. 1 **Simple Color** RM 108
(1hour)

CLP. 2 **French Technique** RM 168
(1hour)

Island Style Pedi With your Classic Pedicure, enjoy the most natural foot scrub of island recipes to enhance the effects, choice of:

- Chamomile (soothing)
- Eucalyptus (stimulating)
- Rosemary (energizing)
- Gotu Kola & Walnut (nourishing)
- Neem & Dateseed (healing)

ISP. 1 **Simple Color** RM 168
(1hour 30mins)

ISP. 2 **French Technique** RM 228
(1hour 30mins)

Chic Pedi An elegant pedicure with a scrub and mask for extra protection to the skin. Reduce lines and blemishes.

CHP. 1 **Simple Color** RM 228
(2hours)

CHP. 2 **French Technique** RM 288
(2hours)

Heat Therapy Paraffin wax and hot compress for circulation, skin moisture, aches and pains.

THE 1.	Hand	10mins	RM 60
THE 2.	Foot	10mins	RM 70

Nail Work Acrylic technique for your preferred shape

NAW 1.	Nail Extension		RM 300
NAW 2.	Acrylic Nail in-fill		RM 200
NAW 3.	Acrylic Nail Repair	each	RM 30
NAW 4.	Acrylic Nail Soak off	each	RM 20
NAW 5.	Gel Nail		RM 360
NAW 6.	Gel Nail infill		RM 260
NAW 7.	Gel Nail Repair	each	RM 40
NAW 8.	Gel Nail Soak-off		RM 30

Nail Art Freehand design to match your style

NAA 1.	Simple design	each	RM 12 onwards
NAA 2.	Advance design	each	RM 23 onwards
NAA 3.	Simple 3D/Acrylic	each	RM 33 onwards

Threading

THR 1	Eyebrow		RM 45
THR 2	Upper Lip		RM 35
THR 3	Chin		RM 35
THR 4	Whole Face		RM 180

Extra

EXT 1.	Nail Colour		RM 45
EXT 2.	Calluses Treatment		RM 45
EXT 3.	Bridal Make-up		RM 320
EXT 4.	Bridal Make-up with trail		RM 480
EXT 5.	Day or Evening Make-up		RM 250
EXT 6.	Foot Care		RM 55

BEAUTY

Face Therapy

Refresh Facial 60 mins RM 180
An Apres sun facial, which soothes, hydrates and nourishes skin that has been over exposed to the elements.

Clarifying Facial 75 mins RM 220
A purifying treatment for dull, congested and blemish skin based on mineral rich Moor Mud to remove dull surface skin cells.

Collagen Facial 90 mins RM 300
An ultimate anti-aging facial to combat premature aging. Provide the skin a healthy glow. An indulgent skincare treat!

Gentleman Facial 60 mins RM 220
A deep cleansing, therapeutic facial designed specifically for the special skin care needs of men, relaxing the skin as it refines pores

Eye Therapy

Eye Treatment 30 mins RM 120
A wonderful treatment for tired, puffy eyes to restore elasticity and firmness.

Eye Mask 15 mins RM 60
A treat for puffy eyes, dark circles and fine lines.

Depilation (waxing)

Eye Brow 10 mins RM 40

Upper Lip 10 mins RM 40

Under Arm 15 mins RM 60

Bikini Line 30 mins RM 100

Half Legs 30 mins RM 120

Full Legs 50 mins RM 190

Half Hands 30 mins RM 105

Full Hands 45 mins RM 175

Body Therapy

- Scalp & Shoulder Massage** 30 mins RM 110
Focal points are the upper back, neck, shoulder and scalp to achieve immediate relief of stiff neck and aching shoulder.
- Anti-Stress Back Massage** 30 mins RM 110
Complete concentration on the body's core. Relieves tension around the back, shoulder, hip and waist areas.
- The Essence** 45 mins RM 170
This therapeutic body treatment utilizing choice of pure essential oil blends to calm the mind, detoxify the body and rejuvenate the spirit.
- The Fusion** 45 mins RM 170
A unique non-oily treatment specifically designed to improve the oxygen flow in the blood and helps the rid of toxins in the muscles, perfect for sore muscles following sports activities.
- Bamboo Delight** 45 mins RM 190
Using the local cut Bamboo stem combined with rich coco-butter and essential oil blends to restore energy path.

Body Scrub

- Black Soap Scrub** 60 mins RM 180
An authentic body exfoliation using the black olive soap and sisal for a soft and silky skin.
- Chamomile Body Scrub** 60 mins RM 180
A truly calming ritual with all the goodness of Chamomile to balance and soothe your skin! Highly recommended for normal to delicate skin types.
- Turkish Scrub with Eucalyptus** 60 mins RM 180
An exhilarating exfoliation to purify and stimulate circulation while leaving the skin soft and smooth. Suitable for all skin types except sensitive skin.

Packages

Energize

1 hour 45 mins

RM 310

A perfect energizing experience for the stressed out individuals. Begin with gentle body scrub, followed by full body treatment with pure essential oil blends to calm the mind, detoxify the body and rejuvenate the spirit.

- Choice of Body Scrub
- The Essence

Harmony

1 hour 45 mins

RM 290

A refreshing experience for face, neck and shoulder. Begin with upper back and shoulder massage, following by a deep cleansing facial for all skin types. Brightens up the face and a treat for neck stiffness.

- Clarifying Facial
- Scalp, Neck and Shoulder Massage

Island Refresher

2 hours

RM 370

Indulge in the rejuvenating effects from the Island's herbs and Marine rich ingredients. The skin is brimmed with anti-oxidants and plant collagen while the back is relaxed and relieved from all stiffness.

- Collagen Facial
- Anti-Stress Back Massage

Stress-a-way

2 hour 45 minutes

RM 490

An ultimate anti-stress face and body experience. The body is exfoliated with botanical substances followed by authentic bamboo stem deep tissue massage to release all tensions while the face is cleansed and refreshed.

- Chamomile Body Scrub
- Bamboo Delight
- Refresh Facial

Essence Vale

Hair • Nail • Beauty

Golden Sands Resort,
Batu Feringgi, 11100 Penang, Malaysia

Operating Hours – 10:00 to 21:00